

# October Newsletter 2024

## Message from the County Commissioner

October has been full of activity for the county! A successful craft evening was had and an adventurous weekend at Lorne, Girlguiding Ulster's Activity Centre.

Thank you to all who piloted the new potential badges. I know it was a struggle in the time frame. But I am sure you did your best!

Please can I ask that all units look at their risk assessments for their meeting places. We are all aware of the horrific incident that happened in Southport. Therefore, all units need to consider how to manage and reduce the risk of unexpected persons entering the building.

Our number of young members has stayed the same 1667. Yet we still have significant waiting lists for young members and adults awaiting recruitment. It would be appreciated if these were updated as these numbers are used to project the future of Girlguiding and support required.

I am looking forward to meeting you at the county dinner in November – excellent value for money at £20.00. Also, at our county training day-we have not had one for quite a while and whilst online learning is great there is nothing like a face-to-face training to iron out questions and have a discussion. The cost of this training is a legitimate unit cost. Hope to see you at both events – why not network within your division and car share?

If you have any information, events or activity you wish to share please email to newsletter.girlguidingcg@gmail.com

Please take time to read the newsletter and explore the opportunities available.

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Julie

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Julie.girlguidingcg@gmail.com

## Subscriptions

It is the time of year where we are starting to think about Girlguiding annual subscriptions which are paid every year in February. The levee for 2025 subscriptions will be £62.00.

Please find the information for the breakdown of the 2025 member subscriptions below:

Girlguiding UK = £33 Girlguiding Cymru = £20 Girlguiding Central Glamorgan = £9

Please check with your local commissioner for any further details or if you have any questions regarding paying 2025 subscriptions.

## Activities outside of the meeting place

This is a reminder of the ratios for each section away from the meeting place.

- Rainbows: 1 adult for every 5 children with a minimum of 2 adults.
- Brownies: 1 adult for every 8 children with a minimum of 2 adults.
- Guides: 1 adult for every 12 children with a minimum of 2 adults.
- Rangers: 1 leader with a recommended second adult.

Girlguiding's suggested adult-to-child ratios are flexible within the meeting place. However, the Girlguiding ratios are mandatory outside of the meeting place.

There should be a risk assessment in place, and you should inform your commissioner of your intent to carry out an activity outside of the unit meeting place.

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## Cost of Living grant: Round 2 - 2024

The cost of living grants are to support girls in financial need to access guiding. This includes help with payments of subs and rent. Applicants should describe how they will spend the grant. They must spend it in a way that delivers one or more of the intended benefits of the cost of living grant funding:

- Increase numbers of girls from poorer socioeconomic backgrounds who can access guiding.
- Enable existing young members to continue to benefit from Girlguiding despite cost of living crisis (keep membership stable.
- Expand our provision in deprived areas where we have no presence (increase units)
- Enable struggling units to keep operating despite cost of living crisis (keep unit numbers stable)

Closing date for applications: 18th November 2024 Maximum amount of funding available: £250.00 Preference will be given to units that have not previously applied. Information to be submitted: Bank Statement and latest approved accounts.

Follow this link to apply: <a href="https://girlguidingcymru.org.uk/cost-of-living-grant">https://girlguidingcymru.org.uk/cost-of-living-grant</a>

#### **Accounts**



Reminder that the end of the year is 31 December 2024. It is the responsibility of all units to have their accounts checked – This is due to the charity commission and is a compliance requirement by Girlguiding. This can be done through the commissioner or the treasurer for your area.

You will need to provide the following:-

- Your record of accounts
- Your registers
- All receipts of purchase
- All income receipts
- All Bank statements for the year inclusive

Remember you cannot check your own accounts and if you are a signatory on an account you cannot check these either. Your commissioner will be in contact with you to organise this in your area.

## **County dinner**

The County dinner this year will be hosted by Garth Maelwg Division and will be held at the Pontyclun Athletics Club. Arrive from 7pm, food at 7.30pm. 2 courses £20. Young Leaders welcome too.

Here is the link to book.

https://tinyurl.com/countydinner



## County training day



We have a number of sessions for this event tailored towards young leaders, new leaders and experienced leaders. There will also be Girlguiding Cymru trainers attending so it would be great to see lots of you there!

Book now: <a href="https://tinyurl.com/countytraining2024">https://tinyurl.com/countytraining2024</a>

## First response training

Here are the details for the final GGCG First Response training for 2024:



First response course

**Sunday Nov 17th** 

9.30-4.00 ~ £5

**Porthcawl Guide Hall** 

(off South Road, behind no 33, CF36 5DG)



To book email Beth: Firstaid.girlguidingcg@gmail.com



## Parent helpers



It's appreciated that units needs to utilise all the support they can. One way of doing this is using parent helpers. Please make yourself aware of the guidelines with reference to how parent helps can support the unit, their responsibility and your responsibility.

#### Please use the link below:

https://www.girlguiding.org.uk/information-for-volunteers/growing-our-membership/recruiting-volunteers/involving-parents/

## Can you help?

The county as it becomes more active, and we are doing more which requires support. There are several vacancies at a county level that need filling. Some roles are advisory roles others do require a little more input. All roles will have the support of the county team. The following roles are available:-

- International adviser
- Indoor holiday adviser
- Outdoor holiday adviser
- Rainbow adviser
- Guide adviser
- Ranger Adviser
- Inclusion Adviser

If you are interested in any of these roles, please contact me. They can be done as a job share also.

Julie.girlguidingcg@gmail.com

## Age Connect Morgannwg Christmas Card Appeal







Address your cards to 'Christmas Card Appeal' and send to: Age Connects Morgannwg, Cynon Linc, Seymour Street, Aberdare CF44 7BD

Could you or your unit get involved with Age Connect Morgannwg's Christmas card appeal? Sharing joy to others this winter is something everyone can get involved in. Age Connect Morgannwg distribute these cards to residential care homes to support those living there throughout the festive period.

https://www.ageconnectsmorgannwg.org.uk/campaigns/christmas-card-appeal

The campaign will open on November 1<sup>st</sup> and will close on December 13<sup>th</sup>, so our volunteers have time to distribute the cards to care homes.

There are three drop off points for our 2024 campaign:

Aberdare - Age Connects Morgannwg

Cynon Linc, Seymour Street, Aberdare, CF44 7BD. (9-5pm, Mon-Fri)

Merthyr - Gellideg Wellbeing Centre

Canol-Y-Bryn, Heol Tai Mawr, Gellideg, Merthyr Tydfil CF48 IND

(9am-4pm, Mon-Fri)

Pontyclun - Cafe 50

Heol Yr Orsaf, Pontyclun CF72 9EE (9am-3pm, Mon-Fri)

## **Awards and activities**

#### News from our members



Congratulations Sharon Lima from Sker Division on being presented the Girlguiding Cymru Chief Commissioner Award. Sharon not only supports her local unit, she attends Singing circle and is the booking secretary for Gorwelion. She not only takes the bookings but answers many of the queries and promotes Gorwelion to potential bookings. Well Done! Well Done! Well Done!



4<sup>th</sup> Bridgend Guides carried out some African drumming whilst doing their Gambia Challenge badge with Dan Phelps music. The Guides had a brilliant time.

# **Awards and activities**

#### News from our members



Cwmbach and Hirwaun units joined together for a night at the theatre – Shrek.

1st Abercynon Rainbows working towards "a warm welcome" UMA from take action, where the girls talked about when they first started rainbows and how we can welcome our new members.





1st Abercynon Guides taking part in Girlguiding Cymru International Day of the Girl 2024

## **Recent events**

### **County Weekend to Lorne**

An adventurous county weekend was had at Lorne, Belfast. The group made their own way there and throughout the weekend the following modes of transport were used car, plane, boat, train, bus and taxi. It was a weekend of teamwork. We started off the weekend with a meal at Cultra Inn on Friday night (very posh), Saturday comprised of training and visiting Belfast ending with an evening of sharing traditions in the units and songs, Sunday was a morning of training and team building before our trip home.

All enjoyed the weekend and are looking forward to the next adventure!











# **Recent events**

# County Weekend to Lorne













# **Christmas craft night**

Festive fun was had by all at the Christmas craft evening!! Leaders made Christmas gnomes, trees, painted glass bottles, made bunting, wreaths and had a good old cuppa and a chat whilst crafting! They went home with plenty of ideas to take back to their units!!







## Gorwelion 80 challenge

Having submitted plans to build accessible outdoor toilets at Gorwelion and some changes on the little site we need to fundraise to support this alongside approaching sponsors and grant funding bodies.

Gorwelion turns 80 this year so it would be fantastic to celebrate by giving it a present!

To fundraise we are challenging you and your units to join us walking the number of steps to circumnavigate the World! This is equivalent to:

37,297 miles 60,023 kilometers 87,523,132 steps

We need your help to walk the 87 million steps around the world to raise money for Gorwelion. Individuals who raise over £10 will receive an Around the World challenge badge and individuals who raise over £50 will receive an Around the World teddy and challenge badge!

This challenge is taking place from the 1<sup>st</sup> May – 1<sup>st</sup> December 2024 and it would be great to see how far we have reached on our social media and newsletter so please send in how many steps your unit has walked monthly to <a href="mailto:donnajacka@hotmail.co.uk">donnajacka@hotmail.co.uk</a>!

For more information and forms please follow the link in the email and on the newsletter page on the website or contact your commissioner.





## Gorwelion 80 challenge

1st Nottage Guides have joined in with gusto and every step they take is counted towards the final total. If most units take part they only need walk a total of 583,488 steps per unit (a total of approx 250 miles). Not that far when you consider we have until the end of November to complete.

1st Nottage Guides, Sker Division, are well out in front of their needed target and their total steps, taken on 12th June stands at 2, 530,984 - about 4 times as much as they need to do, but the weekly total keeps going up. Is there anyone out there that can match or better this? Nottage has thrown down the gauntlet girls - can anyone beat this or catch them up!

Please let me know your totals so that we can keep a running total until the end of November

Please reach out to Donna for more information. <u>Donnajacka@hotmail.co.uk</u>

Please see the link on the email and on the county

website for sponsor forms and Unit records.



## NSGSO and NSGCB

## **Applications open for 2025**



Please share with our younger members aged 12-25. I went to the concert this year, which featured one of our young members Seren, and it was fantastic.

Applications are now OPEN for the NSGSO and NSGCB summer course 2025!

Next year is their 50th anniversary course of the NSGSO and 10th anniversary course of the NSGCB, taking place on 2nd - 10th August 2025. It would be great if Central Glamorgan were strongly represented. Applications are accepted on all instruments for members of @scouts and @girlguiding aged 12-25.

Next year it is in Stourbridge for the week, with performances at the Nottingham Albert Hall and Birmingham Symphony Hall

For more details, and to apply, visit <a href="mailto:nsgso-nsgcb.com">nsgso-nsgcb.com</a>

Applications will close at 9am on 1st December 2024

# **North West England Opportunities**

#### Mental health seminars

Girlguiding North West England are holding some webinars with the charity Young Minds to help members understand more about young people's mental health and wellbeing.

#### The webinar will:

- Explore advice and guidance from young people and adults about what it means to be a trusted adult.
- Start to develop some tools when communicating with young people about their mental health.
- This training is available for any adult volunteers (18+) including those outside of the North West region so grab your place now

There are webinars you can sign up to:

Thursday 14 November-

https://www.girlguidingnwe.org.uk/eventtraining-comp/understanding-children-andyoung-peoples-mental-health-with-youngminds-2/

Monday 9 December-

https://www.girlguidingnwe.org.uk/eventtraining-comp/understanding-children-andyoung-peoples-mental-health-with-youngminds-2/

# Try something new

#### Let's Build – Adeliadu Amdani



Have you seen our County resource pack? It's well worth a look! There are 5 sections looking at teams, construction, Guiding, wellbeing and friendship - these activities for all sections. Why not start this new term with this activity pack and build your unit, plus you will be supporting the County and Gorwelion.

The funds raised from this badge go to Gorwelion for us as a county to Build on what we have and make exciting changes for our future generations. Badges cost £1.00 each plus post and packaging.

Contact <u>Julie.girlguidingcg@gmail.com</u> for a copy of this pack.

#### **Contact us**

ALQ coordinators – Bethan Hicks, Jayne Rodgers bethalq.girlguidingcg@gmail.com divcom.garthmaelwg@gmail.com

Booking secretary Gorwelion – Sharon Lima bookings.gorwelion22@gmail.com

Brownie Adviser – Stephanie Horsley steph.horsley@outlook.com

County badge secretary – Dian Jones <u>Dianjones80@gmail.com</u>

Duke of Edinburgh Adviser – Nadine Thomas Nadine.thomas@hotmail.co.uk

First response coordinator – Beth Williams Firstaid.girlquidingcq@gmail.com

Newsletter – Nia Evans Newsletter.girlguidingcg@gmail.com

Outdoor Qualification Verifier – Jen Denham <a href="mailto:lstvaleguidesandrangers@gmail.com">lstvaleguidesandrangers@gmail.com</a>

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